

OPT-TBD CARE PATHWAY

Components	Content
1. Opt-TBD pathway	<p><i>Diabetes:</i></p> <ul style="list-style-type: none"> • Screening (RBG). • Diagnosis (HbA1c). • Treatment (TB-Diabetes patient to continue their treatment within the BMU). • MO/DOTS to review the treatment during routine follow-ups. • Referral to specialized care in case of complicated, uncontrolled diabetes. <p>Follow-ups at 3 & 6 months for Opt-TBD Counselling and blood glucose measurements.</p>
2. Opt-TBD Counselling	<p><i>Provided at baseline, month 3, and month 6</i></p> <p><i>Components:</i></p> <ul style="list-style-type: none"> • Tuberculosis. • Pre-diabetes and Diabetes. • Healthy lifestyle. • Smoking Cessation.

Opt-TBD care pathway aimed to optimize diabetes prevention and management within TB care. Components of the pathway are devised in a manner to link up the care package with the existing system to look for feasibility, acceptability, sustainability, and outcomes.